



Center of Excellence in Women's Health

ROBERT C. BYRD HEALTH SCIENCES CENTER

Save The Date! Women on Wellness Retreat



"If we, the women of West Virginia, control our own wellness maintenance program on an individual basis, we will change the state of WV."

August 1, 2009
8:00am–5:00pm
Heston Farm, Fairmont, WV

Women on Wellness is an inspiring, fun, active session that enables participants to take responsibility for their wellness and motivates action to move towards a viable health maintenance plan for life.

For more information see www.wvhealthywomen.org

Questions or comments contact Betty Critch 304-293-2895

For more information, and to register:

e-mail: ecparsons@hsc.wvu.edu

**Sponsored by West Virginia Center of Excellence in Women's Health,
LifePath, Heston Farm**